

# Are You Connected?

## HELP AT THE PRESS OF A BUTTON.

- ✓ Since 1987, St. Joseph's Health Care London's ConnectCare program has been keeping people safe in London & surrounding communities throughout Southwestern Ontario.
- ✓ Profits generated by ConnectCare support patient care at St. Joseph's Health Care London.

## ENSURE YOU ARE CONNECTED TO THE BEST CARE.

When you press the ConnectCare button, you are connected with help the moment you need it.



# Fall Prevention

As we age our risk of falling increases. Falls are the leading cause of injury among older Canadians! In fact falls are the cause of 85% of seniors injury-related hospitalizations and 20-30% of seniors experience one or more falls a year.

*Prevent it from happening to you!*



**Watch your step**



**Keep active**



**Speak up about dizziness**



**Check your medication**

For more information visit [www.findingbalanceontario.ca](http://www.findingbalanceontario.ca)

\*ConnectCare is a proud member of the Middlesex-London Fall Prevention Collaborative.

# How Can I Get ConnectCare?

*Simply Call*

**T. 519-685-4550**

**Toll Free: 1-888-298-6116**

**F. 519-685-6845**

**E. [connectcare@sjhc.london.on.ca](mailto:connectcare@sjhc.london.on.ca)**

**[www.connectcare.ca](http://www.connectcare.ca)**

Now Offering  
**Wireless & GoSafe**  
Options



Call For Current Prices, Prices Subject to Change.



ConnectCare is a non-profit outreach service of St. Joseph's Health Care London, located at Parkwood Institute.



**ConnectCare**  
SINCE 1987



**Live Independently & Safely from about \$1 a day!**



Now Offering  
**Wireless & GoSafe**  
Options



Hospital Owned & Operated in London, Ontario



# How Does ConnectCare Work?

## On the Go, or At Home

### GoSafe with AutoAlert

- Includes up to 6 advanced locating technologies including GPS, wifi, etc. all designed to locate you quickly!
- Allows you to get help whenever you need it, wherever you are.
- Includes fall detection technology (AutoAlert).

### HomeSafe with AutoAlert

- Small, discreet, and easy to use, the AutoAlert button contains a series of sensors designed to detect falls.
- If a fall is detected, it will automatically call for help.
- The pendant is comfortable, lightweight, and 100% waterproof so it can be worn anywhere, even in the shower.

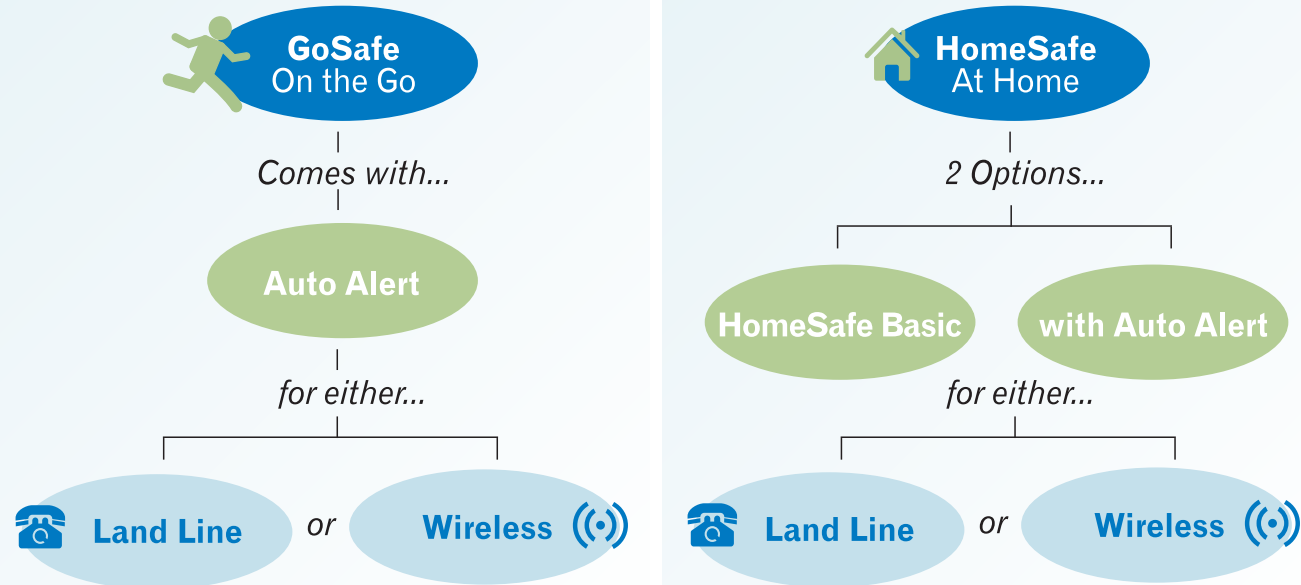
### HomeSafe Basic

- Our standard service includes your choice of a waterproof pendant or wrist-style help button.
- When help is needed, simply press the button at any time to connect instantly with our reponse centre.

**Connecting to our Community, One Subscriber at a time!**

# Help at the Press of a Button

## ConnectCare Subscription Options



# Testimonials

"I want people to know that ConnectCare saves lives! I was lucky, both of my parents wanted ConnectCare. As a daughter, it always gave me comfort and piece of mind. My mother had a fall when she was alone during the evening. She was laying in the family room on the floor, but because she had ConnectCare, she was able to press her button and get help. If she hadn't gotten help this fall could have had a different outcome as she is a cardio patient."



~ **Mary Anne,**  
Daughter of  
ConnectCare  
Subscriber

**"I want people to know that ConnectCare saves lives!"**

"If it weren't for ConnectCare I would not have gotten the help I needed. I had pneumonia and had fallen on the floor. There was no way for me to get help myself so I pressed my button and got help. I feel such an amazing sense of security with this service."



~ **Darlene Harper,**  
ConnectCare  
Subscriber